



# THE WALKTOBER CHALLENGE

# watch your walks add up



Discover all the  
good things your  
walking is doing

## 1-31 October 2011

Record your walks on the Walktober Challenge website

*Join as part of a team or as an individual.  
Workplaces, families and groups are all welcome.*

Registrations open mid-September.

[www.walktoberchallenge.com.au](http://www.walktoberchallenge.com.au)

